

Course Profile - Department of Psychology

Course Number: PSY 442	Course Title: Studies in Clinical Psychology
Required / Elective: Elective	Pre / Co-requisites: -
<p>Catalog Description:</p> <p>This is an undergraduate psychology course designed to provide students with knowledge about and hands-on practice with the basics of cognitive-behavioral theory and therapy. Another objective of the course is to encourage you to think critically about your clinical work, and to do the same for the research literature that bears on this work.</p>	<p>Textbook / Required Material:</p> <p>This course does not have a textbook. The necessary articles and documents will be distributed in class throughout the semester.</p>
Course Structure / Schedule: (2+0+2) 3 / 5 ECTS	
<p>Extended Description: This is an undergraduate psychology course designed to provide students with knowledge about and hands-on practice with the basics of cognitive-behavioral theory and therapy. Another objective of the course is to encourage you to think critically about your clinical work, and to do the same for the research literature that bears on this work.</p>	
Design content: Project	Computer usage: Required
<p>Course Outcomes:</p> <ul style="list-style-type: none"> • Basic information about Axes I disorders and the application of SCID- I • Central features of cognitive (CT) cognitive-behavior therapy (CBT) and of evidence-based mode of practice more generally • Basics of several cognitive-behavioral (CB) theories • Methods for assessing, conceptualizing, and treating patients using this approach • Theories, methods, and efficacy evidence for CT & CBT for several disorders, primarily anxiety and affective disorders • A feel for what it is like to provide and receive CT & CBT 	
<p>Teaching methods: The seminar meets as a group for 4 hours each week. During many class meetings, the first two hours will focus on a didactic presentation of information relevant to cognitive-behavioral therapy. In some class meetings, the last second hours will focus on either a role-played therapy simulation or a current case presentation provided from Şile RAM given by one of the students. All client material should remain anonymous and confidential.</p>	

Course Outline

Week	Topics
1	Introduction to clinical interviewing
2	Diagnosis of and cognitive C-B model for depressive disorders
3	Diagnosis of psychotic disorders
4	Diagnosis of and cognitive C-B model for dependence
5	Diagnosis of and cognitive C-B model for anxiety disorders
6	Diagnosis of and cognitive C-B model for somatoform disorders
7	Diagnosis of and cognitive C-B model for eating disorders
8	Application of SCID-I via role playing
9	Application of SCID-I via role playing
10	Clinical report writing
11	RAM visit
12	RAM visit
13	Overview on reports
14	Presentations

Assessment methods:

Individual paper: 35%

Presentation: 15%

Final Exam: 25%

Attendance and Participation: 25%

Contribution of Course Learning Outcomes to Program Outcomes

	Program Outcomes	*Level of Contribution				
		1	2	3	4	5
1	Examine different concepts in the sub-areas of psychology.		*			
2	Describe and explain the differences between common sense, religion, art, philosophy and science					*

3	Learn about the major schools in psychology's history and the current developments		*			
4	Apply analytical and critical thinking skills to selected topics					*
5	Discuss and criticize ethical issues in psychology research					*
6	Describe the procedures and principles of psychological measurement and interview techniques				*	
7	Apply the principles and skills of positivistic methodology within a simple empirical study			*		
8	Design and implement a simple action research and an empowerment program		*			
9	Analyze the coded data by statistical techniques		*			
10	Use communication skills in class presentations					*
11	Function effectively in multidisciplinary research teams		*			
12	Develop respect to interpersonal and cultural diversity					*
13	Develop self awareness					*

Student workload:

Reading	44 hrs
Lectures	24 hrs
Role playing	8 hrs
Class discussion	20 hrs
Written assignments	25 hrs
Examinations	3 hrs

TOTAL 125 hrs (25x5) 5 ECTS

Course Category:

ISCED General Area Codes	General Ares	ISCED Basic Area Codes	Basic Educational Areas	Percentage
1	Education	14	Teacher Training and Educational Sciences	
2	Humanities and Art	21	Art	
2	Humanities and Art	22	Humanities	
3	Social Sciences, Management and Law	31	Social and Behavioral Sciences	70
3	Social Sciences, Management and Law	32	Journalism and Informatics	

3	Social Sciences, Management and Law	38	Law	
4	Science	42	Life Sciences	
4	Science	44	Natural Sciences	
4	Science	46	Mathematics and Statistics	
4	Science	48	Computer	
5	Engineering, Manufacturing and Civil	52	Engineering	
5	Engineering, Manufacturing and Civil	54	Manufacturing and Processing	
5	Engineering, Manufacturing and Civil	58	Architecture and Structure	
6	Agriculture	62	Agriculture, Forestry, Livestock, Fishery	
6	Agriculture	64	Veterinary	
7	Medicine and Welfare	72	Medical	20
7	Medicine and Welfare	76	Social Services	10
8	Service	81	Personal Services	
8	Service	84	Transport Services	
8	Service	85	Environment Protection	
8	Service	86	Security Services	
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